



Start your quit journey

Call the Illinois Tobacco
Quitline today

— ILLINOIS —
**TOBACCO
QUITLINE**

YOUR QUIT, YOUR CALL

1-866-Quit-Yes | quityes.org

- Personalized quit plan
- Motivational text messages
- Free nicotine patches, gum, or lozenges (*if eligible*)
- Individual counseling



Custom help to quit

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Quit for good

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Help for quit success

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Sign up now
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quityes.org

Call Monday-Friday 7AM-9PM or
Saturday-Sunday 9AM-5PM

Enroll online anytime

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