

Quit for good

*Call the Illinois Tobacco
Quitline today*



- **Personalized quit plan**
- **Motivational text messages**
- **Free nicotine patches, gum, or lozenges (*if eligible*)**
- **Individual counseling**

Sign up now

1-866-Quit-Yes | quityes.org



ILLINOIS
**TOBACCO
QUITLINE**

YOUR QUIT, YOUR CALL

1-866-Quit-Yes | quityes.org

- Call Monday-Friday 7AM-9PM or Saturday-Sunday 9AM-5PM
- Enroll online anytime

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