

# Quit for good

*Call the Illinois Tobacco  
Quitline today*



- **Personalized quit plan**
- **Motivational text messages**
- **Free nicotine patches, gum, or lozenges (*if eligible*)**
- **Individual counseling**

# Sign up now

1-866-Quit-Yes | [quityes.org](http://quityes.org)



ILLINOIS  
**TOBACCO  
QUITLINE**

**YOUR QUIT, YOUR CALL**

1-866-Quit-Yes | [quityes.org](http://quityes.org)

- Call Monday-Friday 7AM-9PM or Saturday-Sunday 9AM-5PM
- Enroll online anytime

Follow us on Facebook & Instagram @quityesIL

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