



Start quitting today

Ask your pharmacist about enrolling
in the Illinois Tobacco Quitline

With the Illinois Tobacco Quitline, you can find the support and resources to succeed at quitting. **Here's how:**

It's free

Customizable services are designed to fit your life and give you support that's proven to help you quit tobacco (cigarettes, e-cigs, cigars, chew).

It's evidence-based

For those eligible, the Quitline offers effective forms of support including up to 8 weeks of free nicotine patches, gum, or lozenges.

It's personalized

Develop a custom quit plan tailored to your tobacco experience with one of our counselors trained in tobacco cessation. All information is kept confidential and secure.

Ask your pharmacist today

Get referred to the Illinois Tobacco Quitline and start quitting today.



Scan to learn more about
quitting tobacco.

ILLINOIS
TOBACCO
QUITLINE
YOUR QUIT, YOUR CALL